



**Users Manuel
Model IonInfra**

www.footdetox.com Phone 479-595-0460



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Functions:

1. As an added bonus you will get the Infrared Belt. The purpose of belt the of infrared rays is to burn/decrease our body fat to shape our body to keep good stature. When you detox with the foot spa you clean body wastes, and you also lose weight and keep fat away!!!

2. Having Dual Polarity is important because everyone has different needs. When the IonInfra is set to positive, the current is directed to the positive pole, which then makes more negative ions in the water. Example: You have 4 settings on the IonInfra. The amount of the negative ions is linked to the Ampere A=1.7, (some units may read E=)this is the best, as it creates the most ions. The settings, which just control the direction of the magnetic field in the water, have the same function in creating negative ions. Different patterns are chosen according to different people
3. Expels acidity.
4. Expels toxins

Specifications:

Description	One Person	Ion Detox W/Infra Red belt	
Model	IonInfra B179		
Input Voltage	AC110v		
Power Consumption	30w		
Panel Control	Digital Display	Time 0-90mins	4 modes
Net Weight	8.8 lbs.		

Items List:

1. IonInfra Unit
2. IonInfra Belt
3. Wrist strap
4. One Array
5. Handsome aluminum case
6. Instruction Manual
7. Instruction CD
8. Power Cord (extra fuse in compartment under power plug in on back)

Preparation before use:

1. Please read carefully the instructions before using the instrument. If you have any questions or need help please contact your representative.
2. Take out the instrument from the packing, remove all the plastic protection.
3. Choose a place that is suitable for the instrument.
4. Choose a container large enough for the array and both feet. Have some salt available to add to the water. Table Salt is best. (some sea salts will work)
5. Fill the tub with enough water to cover the holes in the array. It will not hurt the array if it tips over, just stand it right side up and continue. Do not use distilled water or reverse osmosis water. You can use spring water as long it has minerals in it or tap water. It is best to use some kind of a liner for easy cleaning of tub.
6. Do not allow any water to get on the main unit electronics.
7. Soft water may require more salt than hard water sources.
8. Always allow enough room for both feet when filling the tub with water.

Operating Procedures:

Preparation for use. Plug the power cord into the wall socket and the other end into the back of the machine. Place the Array into the Basin with some water. Attach the wrist strap to the unit and the other end around the wrist.

Switch on: The LCD screen will show after the power is turned on .You must be set up as illustrated in the Video. Insert the CD into your computer to see tutorials.

Add enough Tap water or spring water to bring the level up enough to cover most Of the holes in the array. If your water is too filtered or distilled the unit may not Work, because their needs to be some minerals in the water.

Now Press *** to start** and next you will be asked to select the mode.

Now, you will be prompted to **Press #** and the **desired Number 6-9**. Press #9 for 80+ and 20- This is the Highest setting for producing negative ions and #6 is the lowest setting for Negative Ions.

(80%+) (20%-)
PRESS #9 TO RUN

IonInfra Modes

Mode 1 Press #9 (80%+) (20%-) For expelling acidity and heavy metals, Increases ph level. Produces the most Negative Ions

Mode 2 Press #8 (70%+) (30%-) This Mode is for Expelling acidity and heavy metals. Not as strong as mode 1

Mode 3 #7 (50%+) (50%-) This Mode is for Expelling acidity and heavy metals. Not as many negative ions as mode 1 and 2

Mode 4 #6 (30%+) (70%-) This Mode is for Expelling acidity and heavy metals. Least amount of negative ions.

Next enter the minutes up to 60min session. .

Enter Time 1-60
MIN=30

Add salt until your reading is about 1.7. A=1.7 Remember to slowly add the salt and let it dissolve. If your Amperage reading does not read at least 1.7 then add a little more salt until it does

TIME=29:43 **POS+**
V=16.2 **A=1.74**

If While entering your functions you make a mistake, press the # key to restart the instrument

Adding Salt:

If it says "Array not in Water" Add a Pinch of salt and start again if needed. You will need to add salt until your reading equals the recommended "Amp" or as illustrated above A=1.7. The desired reading is 1.7 Do not add too much salt! If you add too much salt the unit will shut off. Add a pinch of salt at a time and wait till it dissolves before adding more salt. If you go over the recommended Amp reading the unit will beep and sometimes shut off. Empty your tub and start over.

Note: To Check the accumulated Time press #2

Trouble Shooting:

1. If your reading says **"Array not in Water"** This could also be caused from dry skin. This can be solved by putting some moisturizer on the skin where the wrist strap makes contact. The shiny stainless steel on the inside of the strap is the contact point.
2. If you cannot get your amp reading up to A=1.7 you may need to replace the Array.
3. If you have no power replace the Fuse. See last Page
- 4. Never allow water to go above the holes in the array. See Picture on page 10**
5. If your water does not turn a dark color during the session make sure your water level is not over the holes in the Array.
6. If you add too much salt the unit will shut off
7. If you are using a water softener on your system, try using water before it is treated with the softener.
8. Use water that has some minerals, therefore do not use distilled or reverse osmosis water. You can use spring water w/minerals or tap water in most cases. To filter the chlorine use a faucet filter that does not filter all the minerals out of the water.
9. If you unit shuts off and says "Paranormal" this means you have added too much salt. Pour out the water and start over.
10. "Circuit Error" Check all connections. Feet should be in the water along with the array and the wrist strap connected.

The Infrared Ray used with the Bamboo Charcoal Waist Belt

The Infra-Belt is worn around the waist. Wear a t-shirt to keep the belt clean. Always start on the low setting until you are sure that the med or high will not be too much.

The Infra-Belt can be used with or w/o a foot bath session. The selections are on top of your unit. The right side turns on the Infra-belt and Left side selects the low, med, or high.

The latest studies have shown that bamboo charcoal made from 5 year old bamboo from remote mountains, refined through high temperatures have a great absorption effect to purify the air or water and adjust humidity.

The bamboo charcoal also emits far infrared ray, negative ions and absorbs electromagnetic waves. Infrared Ray used with the bamboo charcoal waist belt can help with:

1. Decreases joint stiffness.
2. Relieves muscle spasms.
3. Increases blood flow
4. Leads to pain relief
5. Affects soft tissue injury

The most light we see every day is actually a combination of many different types. All light is electro-magnetic waves. The wavelengths of light determine the properties. Light can be visible or invisible. Visible light can also present different colors. The sun light spectrum ranges from ultraviolet to violet on the short wavelength side, to red and infrared on the long wavelength side.

Different types of light interact with our body differently. In general, the shorter the wavelength of a light, the more harmful it is to living cells. Lights, like ultraviolet are very harmful to living cells. The most beneficial lights are those whose wave lengths are near the red light. Infrared Therapy or FIR Therapy uses far infrared light which is part of the Sun Light whose wave lengths fall just below the visible red light.

Although the wavelengths of FIR are too long for the eyes to perceive, we can experience its energy as gentle, radiant heat, which can penetrate up to [3.5] inches beneath the skin. So far infrared Therapy, or FIR Therapy is also a kind of light therapy that works to enhance health through the following principles:

- * Improve micro circulation by exerting strong rotational and vibration effects in the molecular level, which are biologically beneficial.
 - * Increase the delivery of oxygen and nutrients in the blood cells to the body's soft tissue areas.
 - * Enhance white blood cell function, thereby increasing immune response and the elimination of foreign pathogens and cellular waste products.
 - * Remove accumulated toxins by improving lymph circulation which are often at the core of many health problems. The build up of toxins in a healthy body could block the normal blood circulation and impair the cellular energy. When FIR waves are applied, the water molecules that encapsulated the toxins get heated up, and start to vibrate. This vibration reduces the ion bonds of the atoms that are holding together the molecules of water. As the breakdown of the water molecules occurs, encapsulated gases and other toxic materials are released and the body gets rejuvenated. This promotes regeneration and fast healing, increases metabolism between blood and tissue, stimulates the hypothalamus, which controls the production of neurochemicals involved in such biological processes as sleep, mood, and blood pressure.
- With low dose of FIR energy, there is no risk of burning of the body cells. FAR Infrared Therapy has been shown to have good effects in treating the following symptoms:
 1. Arthritis
 2. Muscle pain and spasm
 3. Shoulder or joint stiffness
 4. Raynaud's syndrome

Far infrared Therapy has also been shown to aid the process of weight loss, promote the growth of new hair, improve immune system and the overall health.

Sessions:

1. Adults session is 30 minutes.
2. 8-15 year old children must use with adult supervision for no more than 15 min.
3. Under 50 years, OK to use it every other day for 14 continuous treatments, then stop for three weeks before starting the 14 treatment cycle.
4. Over 50 years, OK to use it every three days for 14 continuous treatments, and then stop for four weeks before starting the 14 treatment cycle.
5. Do not use more than three days in a row. Do not use more than twice per day.

Cleaning and Maintenance:

1. Please use a soft wet cloth and a mild household detergent to clean the instrument. Do not use any solvents!
2. The array needs to be cleaned after every use by soaking in a combination of 30 parts water and 1 part of phosphoric acid or household bleach. Soak at least 5 minutes



3. The Array will last approx 50 times with 30 minute sessions. Water quality will have an effect on the life of the array.

NO POWER: On the back of the unit below where the power plug connects is a fuse. Use a screw driver to gently slide the fuse panel out.








Fig. 5



Fig. 6

The exposed fuse is the working fuse. There should be an extra fuse concealed in the tube. Use a pointed object to slide it out and replace the blown fuse. This is a 5mm x 20mm 2amp fuse.

Colors and Objects in the water

Color or Particle	Material or Area of the Body
 Yellow-green	Detoxifying from the kidney, bladder, urinary tract, female/prostate area
 Orange	Detoxifying from joints
 Brown	Detoxifying from liver, tobacco, cellular debris
 Black	Detoxifying from liver
 Dark green	Detoxifying from gallbladder
 White foam	Lymphatic system
 White cheese-like particles	Most likely yeast
 Black flecks	Heavy metals
 Red flecks	Blood clot material

TESTIMONIALS



Q: Why does the water change color?

A: We must consider all the factors as to why the water changes colors. Basically, the Foot Detox is based on electrolysis. If we analyze the system we find the following elements: water classification and types of salt which are used to achieve optimum conductivity.

All tap water that is used has its own impurities which due to the electrolysis are drawn towards or separated from other components. Remember, the water that normally reaches our homes can contain variable quantities of suspended solids such as sodium, calcium, magnesium, manganese, chlorine antimony, arsenic, asbestos, barium, boron, cadmium, chromium, copper, cyanide, fluorine, iron, lead, mercury, nickel, sulphates, thallium, nitrates, pesticides, herbicides, detergents and organic material, amongst many others.

When the Foot Detox "array" starts to work in the water, apart from the changes in the pHs, some of these substances can come to light as being present in the water. This is one of the reasons for the color changes and the release of small quantities of different gases like oxygen, hydrogen, chlorine and some sulphurs. The "arrays" are metallic and will release waste and will result in an electrolytic reaction which will in turn cause it to corrode.

Another influencing matter is what we introduce into the water, lets say our feet. These have their own properties such as acidity or alkalinity. One can also find germ, bacteria, yeast infections and parasites. The skin can also contain remnants of soap, creams, dyes and fibers. There will also be a release of substances from the sebaceous glands and dead cells. All these factors combined will influence the color change. Last of all we have the internal condition of the body which will influence and manifest themselves in the water.

Here we need to take into account sub dermis conditions, the capillary microcirculation and other internal influences that can be emitted through the largest human organ, our skin. Temperature will also affect chemical reactions in the water. If we take into account all these factors we can start to understand why color changes take place in the water, these colors can be black, green, brown, white, yellow etc, and deposits can sink or float on the water.



Disclaimer Warning Do not use If:

1. People who have battery operated implants (e.g.. pace makers) should never use
2. Anyone who has received an organ transplant should never use.
3. Pregnant women or nursing woman should never use.
4. Less than 8 years old child should not use. From 8-15 years old use only 15min.
5. People who have low blood sugar should eat before use.
6. If you have any cuts or wounds on the areas of the feet.
7. One who has epilepsy.
8. If you have any metal implants please check with your doctor before using.
9. If you are hypertensive always eat before using. This machine will decrease the blood sugar.
10. Those taking chemotherapeutics or Heart regulating drugs.
11. Those with a history of seizures or psychotic episodes.
12. Those with metal parts in their body.

Warning: Do not use any foot bath products if you are pregnant or Have a Pace-maker or any other Heart Condition. References in this manual to the following-Ion foot bath detox, Detoxification, foot spa Product, Detoxification Spa, Ion Foot Detox, Detoxifying Foot Bath, Detoxification Bath, Detoxification Machine, Foot Detox, IonDuo, IonEdge, Ion Detox, IonInfra, IonAVS, Two person Foot Detox, alternative health, should not be taken as a replacement for medical help or advise. Any reference should not be taken in a medical sense. Also, if you have a serious medical condition, the use of this technology should not replace any competent medical advice you are currently receiving. Our experiences have been that most people will use this technology while continuing to visit their usual/normal medical professionals. I understand that the biological mechanisms of response from the products sold through this manual are known but will employ this device for experimental use only, without any expectation of curing any ailment. Next, I understand that negative physical and/or mental effects, unknown to me and/or anyone else might possibly result from use of this device. Furthermore, I intend to undertake responsible experimentation and voluntarily accept all responsibility for the application of these products. Moreover, I will not hold the publishers of this Manuel or the website authors of <http://www.footdetoxx.com>, its suppliers and/or associates responsible for any consequences, harmful or otherwise, that may occur as a result of the use of these products and/or devices. It is not recommended for persons with a pacemaker to undertake this therapy. We cannot take any responsibility for those who treat themselves.